

MIND 06

THE MIND IN LOVE WITH GOD DISCUSSION HANDOUT

Read Matthew 22:36-38

QUESTIONS:

1. What does it mean to love God with all of your heart, soul and mind?
2. If taken separately (heart, soul, mind), which of these is generally taken the least seriously?
3. Why?

The mind in love with God defined: Thinking about anything and everything in a consistently Christian way - in a manner that is shaped, directed, and restrained by (1) _____ and (2) _____.

“WHAT’S THE BIG DEAL?” AND TRUE SPIRITUALITY

A. Francis Schaeffer, in his book **True Spirituality**, states:

True spirituality in the Christian life is basically a matter of our thoughts. True spirituality always begins on the inside, in our thought world. The external is just the expression, or the result of the internal. Those things seen outwardly in our lives are always the product of what was thought first. Therefore, thoughts are primary, they are central.

Let us understand how important is the world of thoughts. It is this that distinguishes me as a man, in contrast to machines. The spiritual battle, the loss or the victory, is always in the thought world. Ideas are the stock of the thought world, and from ideas burst forth all the external things: painting, music, buildings, the love and the hating of men in practice, and equally the results of loving God or rebellion against God, in the external world. So, the battle for people is centrally in the world of thought and ideas.

Read Matthew 5:21-22

QUESTIONS:

1. Do you agree with Schaeffer's statement that true spirituality begins, not with "acting" rightly, but with "thinking" rightly?
2. In Matt 5 does Jesus support this idea – that the internal is the most important?

WHAT'S AT STAKE?

A. My Walk With God

- a. Being mindful of Him will increase _____.
- b. Keeping my mind on God will decrease _____.

B. True Fellowship With Other Christians

Read Proverbs 27:17

QUESTION:

1. How will my mind being "sharp" help other Christians?

C. My Witness

Read 1 Peter 3:15

- a. Many people abandon their faith ...
- b. People deserve honest ...
- c. We may be afraid of ...

QUESTION:

1. Have you known of any one who has abandoned Christianity for intellectual reasons?

SO WHAT DO WE DO?

1. Offer Our Minds to God

Read Romans 12:1-2

- a. Pray and Thank God - He has given us ...
- b. Make A Real Commitment – If God has given ...

QUESTION:

1. What does it mean to have a “renewed mind?”

2. Be READERS!

Colossians 3:2

- a. The Bible - **Ravi Zacharias**: “Nothing ranks higher for mental discipline than a planned and systematic study of God's Word, from whence life's parameters and values are planted in the mind.”
- b. Good Books - **Winkie Pratney** gives the following insights on reading good books:

Reading develops the structuring, analyzing side of your mind. Good readers also become good writers and speakers. The same disciplines that help you read well also train you to share with others well. Reading for many young people is almost forgotten. Too often we rely on TV for information and enjoyment as a substitute for reading. All useful resources are welcome, but without reading you cut down many vast learning opportunities, including expanding your vocabulary and creativity. If you are a leader you need to read.

QUESTIONS:

1. Have you ever read any Christian book or article that really helped you?
2. What are some of your favorite authors and/or books?

3. Challenge and Stretch Our Minds

- a. Force yourself to _____.
- b. Read authors or books that:
 - 1.
 - 2.

QUESTION:

1. Have you ever wrestled with a difficult issue until you were able to resolve it in your mind?

CONCLUSION

Put it into practice!

APPENDIX

Here's an appendix on building a library by Winkie Pratney. We want to challenge students to make investments of eternal consequence. Challenge your small group to spend more money on books that can impact them forever, than on music or movies that might entertain them for a moment!

BUILDING A LIBRARY

Every Christian needs to build a good library. Choose books that will teach, encourage and equip you to do the task you feel God is calling you to. Some of the sections you might have on your bookshelves:

(1) Biography: the lives of men and women of God. Read these to see what God did through consecrated people. See what they were given and what they accomplished in their time. Learn from their mistakes and victories. Challenge yourself by what they were doing at your age.

(2) Study: You will need the best books you can afford that will help you understand what God says in His word. Lexicons, dictionaries, a thesaurus, atlases, concordances are all significant investments that you will use for the rest of your life. Bibles, translations and paraphrases of different kinds will give you wider insight into God's Word.

(3) Research: Encyclopedias and reference sets. See if you can pick up a second-hand set cheaply; perhaps you will come across some that are slightly damaged or out-of-date.

(4) Apologetics: Clarify the Gospel by "evidence that demands a verdict". You will meet many people who want or need answers to some of the most basic questions they have about God. Build your library with books that meet this need.

(5) Sets: As you grow in Jesus you will come across the writings of some Christians that have particular appeal to you and your ministry. Collect all they wrote whenever you can. We all have our heroes. If you read what they wrote, some of it will rub off on you.

(6) Technical and cultural: You will also collect books and studies particular to the work you do and the world you live in. To learn to be the best you can in a world that needs Jesus, keep your eye out for books that can help in this area. Now, to cover them...

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